POPULATION STUDIES

Overview
- The following books provide a comprehensive overview of population studies. Use these as “reference” guides to help synthesize/integrate the material, or perhaps as a starting point to provide an overview of Population Studies. These textbooks also provide a review of topics related to demographic data, measures, and models.


Demographic Trends and Stats

Population Dynamics & Theories
- Major concepts to be very familiar with: Demographic Transition & Epidemiologic Transition


Watkins, Susan Cotts. 1993. “If All We Knew About Women is What We Read in Demography” Demography. 30: 551-577.

**Family - Causes and Consequences of Demographic Change**


Demography is the study of three social processes that influence the composition, change, and size of populations: **Mortality, Fertility, Migration**

Each of these concepts is discussed separately in its own subsection.

There are additional sections on:

**Population Aging** and **Social Contexts of Health**

Readings related to **Family** are interspersed across all sections.

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**MORTALITY**

**History, Trends, Theories**
- See sections above called “Population Dynamics & Population Theories” – particularly the readings related to Demographic Transition and Epidemiologic Transition


**Measurement, Data, Analysis**


**Infant & Child Mortality**
- See also the “Health” list for readings related to differentials in child health and mortality


**Adult Mortality**
- See “Aging” list for readings on life span and life expectancy.
- See “Social Context of Health” list for readings related to mortality/health differentials
FERTILITY

- See sections above called “Population Dynamics & Population Theories” – particularly the readings related to Demographic Transition

Frameworks and Theories
The Second Demographic Transition & Below-Replacement Fertility

Fertility Preferences and Family Planning
**MIGRATION**

**Overview & Background**

- These are good books to skim/read for general background


**Theories of Immigration and Migration**


Migration Patterns and Trends

Internal Migration and Residential Mobility


Gender and Family in the Migration Process


**POPULATION AGING**

**Trends, Causes, and Consequences**

**Longevity, Lifespan, Life Expectancy**


Excerpts from -- *Between Zeus and the Salmon: Biodemography of Longevity*. Washington DC: National Academy Press. – such as “The evolution of the human life course”

**Compression of Morbidity & Disability**


Family Dynamics in the Context of an Aging Population


SOCIAL CONTEXTS OF HEALTH

Overview & Background
This first section lists foundational readings related to the theories, concepts, and measurement issues that need to be considered when studying health from a social perspective.

*Books* (can probably be skimmed)

*Articles & Chapters*


**Stress & Health**


**Life-Course Perspectives on Health**


**Social Relationships, Marriage, and Health**


Psychological Bulletin 98:310-357.
Mental Health Benefits of Entry into Marriage: A Genetically Informed Study of Selection and
Generalizability of Conflict Across Relationships.” Journal of Gerontology: Psychological Sciences
58B:P88-P99.
Manzoli, L., et al. 2007. “Marital status and mortality in the elderly: a systematic review and meta-
analysis.” Social Science & Medicine 64:77-94.
Rogers, Richard G. 1996. "The effects of family composition, health, and social support linkages on
Seeman, Teresa E. 2000. "Health promoting effects of friends and family on health outcomes in older
Uchino, Bert, Darcy Uno, and Julianne Holt-Lunstad. 1999. “Social support, physiological processes, and
health.” Current Directions in Psychological Science 8:218-221.
Across the Life Course." Annual Review of Sociology 36: 139-157
quality and health over the life course” Journal of Health and Social Behavior 47:1-16.
Utz, Rebecca; Caserta, M; Lund, D. 2012 Grief, Depressive Symptoms, and Physical Health Among

Health Differentials
* by Sex/Gender *

Case, A. & C. Paxon. 2005. “Sex differences in morbidity and mortality.” Demography 42(#2, May):189-
214.
Ferraro, K. & T. Nuriddin. 2006. “Psychological distress and mortality: are women more vulnerable?”
Journal of Health and Social Behavior 47 (#3, Sept):227-241
Pampel, F. 2005. “Forecasting sex differences in mortality in high income nations: the contribution of
smoking.” Demographic Research 13(#18): 455-484.


**Health Differentials**

*by Socioeconomic Status (education, class, wealth)*


**Health Differentials**

*by Race/Ethnicity*


**Immigration, Acculturation, and Health**


Landale NS, Oropesa RS, Llanes D & Gorman B. 1999. "Does Americanization have adverse effects on health? Stress, health habits and infant health outcomes among Puerto Ricans" Social Forces 78:613-41.


**Place, Space, & Health**

* Overview *


**Place, Space, & Health**

* Socioeconomic Status *


**Place, Space, & Health**

*Social capital and collective efficacy*


**Place, Space, & Health**

*Income Inequality*


**Place, Space, & Health**

*Residential Segregation*


**Place, Space, & Health**

*Built or Physical Environment*


Sallis JF, Floyd MF, Rodriguez DA & Saelens BE. “Role of Built Environments in Physical Activity, Obesity, and Cardiovascular Disease” *Circulation* 125:729-737


